



Children's Relief Nursery



Our Mission

To prevent abuse and neglect in children birth through four by partnering with caregivers committed to strengthening their families.

Early Intervention is Key to Family Success

Children's Relief Nursery works with children in the first, most important years of life. We provide services to families with challenging life circumstances. Our emphasis is on secure, safe and stable parent-child relationships and the social and emotional well-being of the youngest and most vulnerable of children. We have a range of services which include therapeutic classrooms, respite child care, parenting classes, music and art curriculums, mental health intervention (infant-toddler mental health and Child Parent Psychotherapy-CPP), home visiting, intensive case management, child development and family risk factor assessments.

Our program is parent-child relationship focused because safe, secure nurturing is vital to learning and social-emotional development. The earlier in a child's life that intervention is started, the more effective it is. When parents and caregivers show responsive early care, critical bonding occurs and babies thrive.

Programs & Services (offered in Spanish & English)

- **Mental Health Services** – assessments, referrals, support, child-parent psychotherapy, infant mental health
- **Therapeutic Classrooms** – safe, child-focused, nurturing, exploration, developmental milestones
- **Parent Support** – education, mentoring, stress management, peer support groups
- **Home Visits** – observation, coaching, safety checks, emotional support, referrals to other agencies
- **Parent/Infant Classroom** – camaraderie, understanding baby's cues, secure parent-child relationships
- **Respite Care** – playtime, self-care, animal therapy
- **0-3 Traumatic Stress Center** – community outreach, defining best-practices, standardizing assessment and treatment methods
- **Art & Music Program** – art therapy, music & movement

Learn More and Get Involved!

Visit us at www.crn4kids.org or call 503-595-4506 to learn how you can support children and families succeed through volunteer opportunities, events, sponsorships, baby showers, CARE 4 Kids partnerships and more!

Children's Relief Nursery (CRN) works with children in the first, most important years of life. Education for parents and relief for families under stress promote healthier solutions. Since 2001, we have provided family support services at no cost to high risk Multnomah county families. We are building a community where children are safe.