

# The Five R's of Child Abuse Prevention

I want to help my community prevent child abuse and neglect. What can I do?

**REMEMBER** that children are the future. Their early years have an enormous impact on their future health and success. Child abuse prevention is one result of a firm community commitment to supporting children and the families raising them.

---

**RECOGNIZE** that we have a shared responsibility. As parents we have the responsibility to raise our children to be productive members of society. As citizens we are responsible for ensuring that all parents and families have access to the support, information and services they need to succeed.

---

**RAISE** the issue of prevention. Preventing child abuse means setting the stage for healthy, stable families who have the tools they need for nurturing their children. Help those in your community understand prevention. Encourage them to sponsor and support programs for new parents.

---

**REACH OUT** to kids and parents. Anything you do to support kids and parents in your family and extended community helps to reduce the likelihood of child abuse and neglect. Be a good neighbor. Offer to baby-sit. Be kind and supportive, particularly to new parents and children.

---

**RECOMMEND** ideas that your community can use. There are many programs and services that support families and children. Offer opportunities for parents in the neighborhood to develop support systems. Help parents to get support on parenting issues when they need it.